



A division of Florida Pediatric Associates, LLC
Carl R. Barr, D.O. Murtuza K. Kothawala, M.D.
6150 Metrowest Blvd., Suite 105, Orlando, FL 32835
Ph: 407-897-3544 Fax: 407-897-4016 Toll Free: 866-356-3075
www.floridachildneurology.com

PREPARATION FOR AMBULATORY EEG TEST INSTRUCTIONS

Your child's Physician or Nurse Practitioner has ordered an Ambulatory EEG that is battery operated and performed at home for 24 hours, 48 hours, or 72 hours.

1. The night before the test wash hair. Hair must be **DRY** at the time of the test. Do not use gels, sprays, oils, hair extensions, or ointments in the hair. Otherwise, the test may have to be rescheduled.
2. Make sure patient has a bath prior to coming in for the test. During the study, the patient **CANNOT** get in the tub, shower or any standing water. Sponge baths are okay.
3. Have the patient dressed in a loose fitting button down shirt. The patient should wear comfortable clothing while his/her ambulatory EEG is being performed. Do not attempt to pull a shirt or other clothing over your child's head during the study as the electrodes may become dislodged and the quality of the recording will be affected.
4. The EEG equipment will be carried in our backpack, which must be worn at all times. Please do not allow the patient to take the backpack off until he/she is going to bed at night. At bedtime, please place the backpack at the head of the bed above patient's pillow. Upon awakening, the child should not get out of bed until the backpack is correctly placed on their back.
5. You may deem it necessary to keep your child/patient out of school for the time he/she is wearing the ambulatory EEG equipment rather than risk the pulling of the equipment or teasing that may occur at school.
6. Due to the fume/smell from the application glue and small space in the EEG area, we request the patient to come with only one parent and/or adult. We would not encourage bringing other family members/siblings as they will not be able to be with the patient during the process.